



# READY TO READ



## KINDERGARTEN KIT

Make sure your child is ready to start kindergarten.

While your child is almost ready to start kindergarten, you are still your child's first teacher. The Library's Ready to Read team is here to help you make the most of these important early learning years. This backpack contains fun and educational items to help you make early literacy a central part of your child's life.

### Tips for items in the Kindergarten Kit

- Use the foam letters to play turn-taking games with your child. You say "A" and they say "B" and so on. Try the alphabet or counting first. Letter sounds and rhyming are good next challenges.
- Toss, roll, and bounce the ball to practice large motor skills or play turn-taking games.
- Let your child cut with the safety scissors. They won't cut hair or clothes, so they are perfect for your child to explore fine motor skills.
- Have your child practice writing their first and last name with the crayons.
- Work with the skill cards to help your child learn important information and skills they will need to know for kindergarten.
- Read aloud daily to help your child learn vocabulary and story structure. Encourage your child to practice "reading" to you.



No matter where you live in the Toledo Lucas County area, you are only minutes from a Library! Come in today for a variety of FREE resources that will help your child get ready for success in kindergarten and beyond!

See more ►

toledolibrary.org  
419.259.5253  
National IMLS Medal Winner



In addition to reading readiness, there are other items to take care of before your child begins kindergarten:

### Health and safety needs

My child has had:

- ✓ **Required shots**  
Shots 4  
Tots n Teens can assist with required vaccines for kindergarten entrance.  
419.213.2013

- ✓ **Dental exam**

- ✓ **Vision exam**  
(Vision screening is required for kindergarten entrance)

- ✓ **Hearing Exam**

For healthcare resources, contact:  
**United Way** | 1001 Madison Ave.  
Suite 100 | Dial 211

My child knows:

- ✓ First and last name
- ✓ Caregiver's first and last name
- ✓ To watch for cars when crossing the street
- ✓ To follow rules for safety
- ✓ Not to talk to strangers



### Personal needs

On their own, can your child?

- ✓ Brush their teeth
- ✓ Wash their hands
- ✓ Use the bathroom
- ✓ Use tissue to blow nose
- ✓ Button and zip shirts and pants
- ✓ Put on and take off coat
- ✓ Tie shoes



For more information, call **419.259.5253** or email [readytoread@toledolibrary.org](mailto:readytoread@toledolibrary.org).



### Bedtime routine

Children need at least 11 hours of sleep every night. Establishing a bedtime routine will help make it easier for children to hop into bed each night.

**Watch the clock.** Set a consistent bed time for your child. Let your child know 30 minutes and 10 minutes ahead of time that they will need to start getting ready for bed soon. This will help your child adjust before the transition.

**Relax before bed.** Help your child calm down after a long day by reading stories, taking a warm bath, or listening to soft music as a part of your child's nightly routine.

**Consistency is key!** It is important to stick with the routine even when it is met with resistance. Your child will slowly adapt if they know what to expect each evening.

**Give options whenever possible.** Children like to have some feeling of control. Let them choose which pajamas to wear to bed or which stuffed animal they are going to sleep with.



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